



JUNIOR PROGRAM HANDBOOK 2026

BEVERLY YACHT CLUB
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Junior Clubhouse: 508-748-0540 ext 7

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This camp must comply with regulations of the MDPH and be licensed by the LBOH

MISSION STATEMENT

The Mission of the Beverly Yacht Club Junior Sailing Program (hereinafter referred to as the "BYC JSP") is to instill an enduring love of sailing while providing the fundamental skills necessary for participants to advance in the sport as far as their desire, skill, and hard work take them.

The BYC JSP provides a current and effective curriculum which is intended to develop skilled, self-reliant, and respectful sailors who care for their equipment, the marine environment, and their fellow sailors both on and off of the water.

BYC JSP GOALS

The primary goals of the BYC JSP are to:

- Create a safe and fun atmosphere for young sailors.
- Provide training in all aspects of sailing, both recreational and racing.
- Teach sportsmanship, integrity, and interpersonal skills.
- Instill a respect for the ocean, the elements, and the environment.
- Demonstrate responsibility for boats and equipment.

To accomplish these goals, BYC needs the assistance and active cooperation and participation of all sailors, parents, BYC staff, the Junior Committee, and friends of BYC.

THE 2026 JUNIOR SAILING COMMITTEE

The Junior Sailing Committee supports the functioning, funding, volunteering, hosting, and parental/caregiver involvement of the BYC JSP. No program can thrive without the continued and committed help and involvement of parents/caregivers and dedicated BYC members who want to see the BYC JSP flourish today and for years to come. Particular responsibilities of the Committee and parents/caregivers are to support race teams and facilitate junior events such as: Fourth of July parade float, Take it to the Max Dance, Talent Show, Junior Auction, Around the Buoys, Charles Pickles Wacky Race, Beverly Junior Regatta, Cups and Flags.

Junior Program Chair: Rebecca Johnson

Junior Program Director: Zev Barden

Junior Committee Members: Heather Goodwin, Adrienne Greenwalt, Robert Meehan, Phyllis Partridge, Sascha Proudlove, Johanna Vergoni and Phoebe Walsh

BYC JUNIOR OFFICERS for 2026:

Commodore: Addie Crete

Vice Commodore: Thisbe McMichael

Rear Commodore: Graham Greenwalt

To be considered for Commodore, Vice Commodore, and Rear Commodore, a candidate needs to be at least 13 years old by the following summer. The duties of the Junior Officers include acting as ambassadors and/or hosts during junior events,

hoisting and lowering the flag when requested, and lending a hand to Flag officers when needed.

INSTRUCTORS

Our instructors and coaches are United States Sailing Small Boat certified (which requires a 4-day intensive instructor course), and have CPR and Basic First Aid certifications. Our instructors and coaches are held to the highest of safety standards both on and off of the water. They are a talented, experienced, and capable team with a great love for the sport.

Staff screening: Under State law, BYC is required to conduct criminal (CORI) and sexual (SORI) background checks on all BYC staff, including those in the BYC JSP. Parents are welcome, upon request, to review the standards set forth in these forms.

STUDENT PLACEMENT

Placement of a sailor is based upon sailing skill, attitude, comfort, and the discipline of each individual sailor. Please reach out to the Program Directors if you would like an explanation of your child's placement in a particular class or racing program.

All returning sailors to the BYC JSP will be placed in the appropriate class or racing program in accordance with the recommendations of the staff from the prior year. If it is deemed that a sailor has been placed incorrectly, changes will be made at the beginning of the season based upon the skills demonstrated by the sailor to the individual instructor or coach and Sailing Directors.

RESPONSIBILITY - CODE OF CONDUCT

Safety, cooperation, teamwork, and sportsmanship are all cornerstones of the BYC JSP. Sailors, instructors, coaches, staff, and parents/caregivers all must work together to foster a community of sportsmanship and instruction with rigorous attention to safety on and off the water.

Safety is always our top priority, and all sailors, instructors, coaches and staff share in this responsibility. If you see something, say something! An instructor's primary responsibility is to protect the safety of sailors both on and off of the water.

The Beverly Yacht Club expects positive behavior from its sailors at all levels, while at the Club and while representing the Club at all events. Exemplary behavior is necessary to guarantee a safe and positive environment where everyone can learn and grow. Failure by sailors, instructors, coaches, staff or parents/caregivers to behave in a proper manner could result in a sailor's dismissal from the BYC JSP.

BYC JSP has a zero tolerance policy. Any sailor using improper conduct with regards to under-age drinking and/or the use of illegal drugs will result in the sailor's dismissal from the BYC JSP program with no refund.

Coaches and instructors are responsible for sailors solely during class time. Sailors are expected to follow club rules and regulations when they are on club property. A junior

sailor may be asked to leave the premises if the directors or GM feel their behavior is negatively impacting BYC and/or its members. A parent will be notified.

Expectations for Sailors:

1. Know and abide by the Racing Rules of Sailing.
2. Obey event regulations on and off the water.
3. Be organized, prepared, and always responsible for their own equipment.
4. Show respect to fellow sailors and those helping to run regattas and programs.

Expectations for Parents/Caregivers:

1. Promote the total sport of sailing, not just racing.
2. Support the sailing staff's decisions. The coaches and instructors have the best interests of your sailor and their team at heart.
3. Encourage sailors to be organized and responsible for their own equipment and property. Insist sailors respect BYC equipment and property along with the equipment and property of others.

Discipline Policy

Appropriate and approved methods of discipline included, but not limited to:

1. sailor will be spoken to by an instructor of specific behavior that does not comply with our Code of Conduct
2. If the behavior continues, a program director will speak with the sailor and parents shall be notified. If necessary, the GM will be notified and will proceed as directed above.

Prohibitions of discipline methods:

- (1) Corporal Punishment, including spanking is prohibited
- (2) No camper/sailor shall be subjected to cruel or severe punishment, humiliation, or verbal abuse
- (3) No camper shall be denied food, water, or shelter
- (4) No child/sailor shall be punished for soiling, wetting or not using the toilet

COMMUNICATION

The sailing staff is committed to keeping an open line of communication with the sailors and their parents/caregivers or legal guardian. We will do our best to address any concerns or questions promptly through appropriate means of communication. Please note that different types of communication are best for different situations. Mass communications and group information will most often be disseminated via email or race team app. Individual concerns and questions (even if they may concern the group) are best discussed through private email, over the phone, or in person.

As part of our communications policy, the BYC JSP emphasizes that we are here to build robust and well-rounded sailors who self-advocate and engage in professional

conversation. Encourage your sailor to self-advocate directly with our coaching staff. We welcome parent/caregiver communication, but for the benefit of the sailors' growth, self-advocacy should be their first line of communication.

DROP OFF/PICK UP PROCEDURE

The BYC JSP is mandated to operate under very specific State Camp Regulations. For this reason, at the end of each class, sailors may only be released to a parent or a parent-designated individual. A parent-designated individual must be identified in writing when completing a sailor's ClubSpot profile. Identification will be needed if the authorized person is not the legal guardian. BYC is required to enforce the regulation regarding end-of-class pick-ups. Please understand and respect this requirement, being sure that you or an authorized individual pick your sailor up PROMPTLY. Prior authorization is needed for a child to be a bike rider/walker.

ATTENDANCE

Policy REQUIRES parents/caregivers to inform BYC JSP staff if their sailor is not attending a scheduled class. Please call the Junior Clubhouse at (508) 748-0540 ext 7 a minimum of 30 minutes prior to class start time. Sailor tardiness will be recorded. Parents will be contacted if the sailor is not in attendance, and no notification is given to confirm safety/whereabouts of the sailor.

REQUIRED EQUIPMENT

- 1) Life Jackets (PFDs): Every sailor in the BYC JSP must provide and properly wear an appropriate U.S. Coast Guard approved life jacket at all times while on the water and docks. The jacket must be in good condition, fit properly (too big is as bad as too small), and have an attached whistle. Jackets should be made of a bright color, and be clearly labeled with the sailor's name.
- 2) Shoes: Closed Toe Shoes are required at all times including, on the docks and in the boats. Aqua socks, dingy booties, Natives, Keens and similar closed toe sports sandals are appropriate. Open-toe Tevas, Crocs and the like are NOT acceptable.
- 3) Water: Please bring a water bottle to class each day, labeled with the sailor's name.
- 4) Sun Protection: Sunscreen (SPF 30 or higher), applied PRIOR to class start time is required of all sailors. Sunglasses, hats, and long-sleeve tech shirts are HIGHLY recommended for all sailors.
- 5) Towel and a Change of Clothes: Please put in a waterproof bag with the items above.

SAFETY REQUIREMENTS TO SAIL IN THE PROGRAM:

Swim Test: Comfort in the water is a fundamental part of safe sailing. All junior sailors, regardless of age or number of years in the BYC JSP, are required to take a swim test. Sailors must be able to swim 75 feet and tread water for one minute WITHOUT

buoyancy aids. Swimmers are then asked to put on their life jackets while in the water to test buoyancy. The test will take place on the first day of class.

Medical Form: **No** child will be allowed to sail without a current medical form and up-to-date immunization record on file. The physical/medical form must be dated within 12 months of the sailor's LAST DAY of class and submitted at the time of registration.

HEALTH CARE POLICY

- 1) Any sailor complaining of mild medical discomfort or injury shall be escorted back to the BYC Junior Clubhouse.
- 2) The staff shall assist the sailor until the discomfort ceases.
- 3) A guardian or emergency contact will be notified if the discomfort continues or of an injury.
- 4) Approved medication will be administered by BYC Staff. Medications such as Epipen and asthma inhalers may be self-administered by sailors if, and only if, permission is documented on the medical release form signed by parents.
- 5) The emergency 911 system is in effect.
- 6) Daily Health Supervision- All sailors attending class are expected to be healthy. If a sailor is not healthy at the time of arrival, he/she will be assessed by the Sailing Director under the supervision of the health care consultant (if necessary). If the child is deemed to be healthy enough to sail and is not posing a risk to other sailors, he/she will be allowed to sail, otherwise he/she will be sent home.
- 7) In the event of a minor injury, an instructor will administer first aid, and the incident will be entered into the medical log.
- 8) Physical Examinations by Physician and Certificate of Immunization- Every junior sailor is to provide to the BYC JSP with the following, prepared and signed by a licensed health care provider:
 - (1) Health history- Allergies, required medications and any health conditions or impairments which may affect the individual's activities while attending the BYC JSP must be listed and signed by a parent or guardian, or by a licensed health care provider.
 - (2) Physical examination conducted during the preceding 12 month
 - (3) Immunization Records.

FIRE EVACUATION PLAN

In case of a fire emergency on land, all sailors will proceed to the flag pole to receive further instructions. The Sailing Directors will call 911 and instructors will oversee making sure all sailors are accounted for. In case of a fire emergency on the water, all sailors will be taken away from the burning vessel, brought to land and the instructors will make sure everyone is accounted for. The Sailing Directors will call 911 and notify the Harbor Master.

An entry into the incident log will be made once the situation is secure. This fire evacuation plan has been approved by the local fire department.

DISASTER PLAN

In case of a natural disaster, all sailors will be brought off the water and accounted for. Sailors will be escorted by instructors and walked to the Sippican Elementary School. The local police will be contacted. Parents/caregivers will be notified to pick up their child from Sippican Elementary and will be required to sign out their child prior to leaving the school.

Sailors and instructors will also follow the BYC Major Storm Preparedness Plan which can be reviewed on the BYC Website or we can make a copy for you in the BYC office.

PRIVATE LESSONS

\$90 per hour, per boat for Race Team Coaches

\$80 per hour, per boat for Senior Instructors

These lessons are designed to enhance a sailor's skills through individualized instruction. Please consult the JRs website and fill out the google forms for opti or 420 lessons and you will be contacted by the coach/instructor to arrange a time and date for the lesson.

BYC enforces a 24-hour cancellation policy on all private lessons.

BOAT BORROWING POLICIES

In general, boat borrowing policies are governed by Waterfront Rule #18 in the BYC Yearbook.

Club-owned boats may only be operated by members, staff and other individuals with the prior permission of a Flag Officer or the General Manager, Sailing Director or Junior Program Head Instructor and completion of the appropriate sign-out/sign-in form.

What does this mean to you as a Junior sailor?

1. When an Opti/420 is not in use by the BYC JSP, it is available Monday through Friday during BYC JSP hours at no charge for extracurricular sailing within Sippican Harbor both originating and ending at the Club, and for regattas approved by the Sailing Directors.
2. At all times, while you are in possession of a Club boat, you are responsible for the boat and your crew.
3. You must sign a boat out before use and sign it back in after use at all times. A sign out sheet will be available at the Junior Club House.
4. The care and maintenance of the Club boats is essential to the functioning of the BYC JSP. Those who use Club boats are responsible for the replacement of lost or broken items and equipment. The BYC JSP will purchase any replacement items needed and bill the appropriate person.

5. Boats MUST be returned in working order. If damage occurs, please fill out a damage report and notify the Program Directors.
6. Boats will not be available on any basis for transportation to another location for recreational sailing other than an activity/event sanctioned by BYC officers. To participate in these sanctioned events using BYC boats/equipment, you must be representing BYC.
7. The use of Junior Program boats will only be permitted if it does not conflict with other program activities.
8. There must be strict adherence to the requirement that a (Junior) member be in the boat at all times to ensure compliance with the requirements of insurance coverage.
9. Boats for the Junior Regatta will be distributed by BYC JSP staff. All juniors and other interested sailors should place their names on the list. Those not receiving boats for a given week will have first priority for the following week's races. If a boat has been awarded and reserved for a sailor, it is the sailor's responsibility to notify the Program Directors if he/she cannot use the boat, to allow another sailor to use it. Failure to notify the Program Directors could result in exclusion from future lotteries.
10. Use of the boats is at your own risk. When using a boat independently in Sippican Harbor, please note that the possible presence of any BYC staff member in the area does not constitute supervision of the sailor either on or off the water.
11. Boats taken off premises for BYC sanctioned events must be returned within 24 hours of completion of said event/use to be made available to others in the BYC JSP.

OPTI and 420 REGATTA POLICY

1. Boats and equipment may only be signed out for regattas approved by the BYC Flag Officers, Junior Program Chair and Junior Program Directors.
2. Boats are assigned by BYC JSP staff and, in some instances, via a lottery process.
3. A new check out form must be filled out for each interval that boats and equipment are to be removed from Club grounds or docks. It is the responsibility of the borrower to return the charter boat in original condition.
4. In case of damage or lost equipment, a damage report must be filled out through the BYC JSP Office. The borrower will need to replace the lost items at their own expense and may be billed for hours and material to fix substantial damage.

5. Responsibilities of both the 420/Opti coach and the borrower (and his/her respective family/guardian) during the stated interval and at regattas are given in this Handbook.
6. BYC JSP participants borrowing and using Club boats and equipment are considered to be representing the Club and shall act in accordance with the guidelines stated in the Handbook.
7. Use of the boats is at your own risk. When a boat is not being used as part of an event sanctioned by BYC with BYC staff present and participating in an activity, the possible presence of any BYC staff member in the area does not constitute supervision of the sailor either on or off the water.
8. Off-Site Regattas: Parents are responsible for transportation to and from regattas for sailors and equipment. BYC staff are not authorized to drive junior sailors. Junior sailors are not permitted to drive/transport BYC boats and/or trailers. It is a parent responsibility to load and unload trailers. Staff will assist with loading and unloading when they are available
9. Regatta registration is available online at Clubspot. Parents are responsible for regatta fees. Please inquire with the program director if cost is an issue and we will do our best to find funding where available.
10. We intend to follow the proposed regatta schedule, our participation is contingent on sufficient family interest. If we do not have majority attendance, we may need to pivot or ask parents to supplement the costs before we can fully commit to these dates.

JUNIOR SAILOR FOOD PRIVILEGES

Junior Sailors have charging privileges for food and beverages only. The BYC staff and management accept no responsibility for monitoring such privileges. These Junior Sailors must be present when any food and beverage charges are being made on their account. Use of a membership number is a privilege exclusive to that individual only.

*Children under age 12 must be supervised by a parent/guardian while in the dining room per BYC Clubhouse and Dining Rules as stated in the BYC Club Rules and Policies of the Yearbook.

VOLUNTEERING

The BYC JSP welcomes and needs volunteers at many of its events. Please plan on helping with at least one (1) Junior event.

Per Massachusetts state law, "No person can be employed or volunteer at a camp until the operator has obtained, reviewed and made a determination concerning all background information." If you are interested in volunteering with the BYC JSP, kindly visit the BYC office with your driver's license to complete paperwork for a

CORI/background check. Please be sure to do this in advance of your scheduled volunteer time to allow for processing time.

EMERGENCY CONTACT NUMBERS

Jr. Clubhouse	508-748-0540 ext 7
	VHF 74
Main Clubhouse	508-748-0540
	VHF 68
Emergency	911
Police	508-748-1212
Fire	508-748-1177
Harbor Master	508-748-3535
	VHF 9 & 16
Poison Control	800-222-1222
Tobey Hospital – Emergency	508-273-4180
Tobey Hospital – Main Number	508-295-0880
Fleet Surgeon – Dr. Michael Popitz	617-435-1016
Jr. Sailing Program Chair – Rebecca Johnson	(c) 804 814 9488
Jr. Program Director—Zev Barden	(c) 321-747-8320

By land:
 Beverly Yacht Club
 99 Water Street
 Marion, MA 02738
 Coordinates:
 N 41° 42' 11"
 W 70° 45' 34"

