

Beverly Yacht Club Junior Sailing

Health and Safety Policies



2026

Disease Outbreak Health and Safety plan

The BYC Junior Program is considered a Recreational Camp/Program and will act as follows in response to disease outbreaks including. This will also include how to set up alternative staffing plans, isolation space until the sailors can be picked up from sailing.

Overview

- The Health Care Consultant has trained the program directors on the following plan to control a disease outbreak at sailing.

Sick Staff or Sailor

- Symptomatic Sailor or staff members will be sent to the Program directors for evaluation.
 - The program directors have been trained by the Health Care Consultant to take the ill person's temperature and ask them what symptoms they have.
 - Cough, Congestion, Runny stuffy nose, Headache, Body Aches, Nausea, Vomiting, Diarrhea,
- If they have a fever or have multiple symptoms they will be sent home for the remainder of the day. Should the sailor or staff member continue to be symptomatic they will be asked to do a rapid antigen test for COVID prior to returning to BYC for work or class.
 - If they test negative for COVID or if symptoms are mild, resolve or if they have been fever-free for 24 hours they can return to sailing.
- Staff or Sailors who test positive for COVID or other illness will be required to stay home until they are fever free for 24 hours without the help of fever reducing medicines.

Sailor or Staff Was Exposed to a sick sailor

- If a sailor or staff member contacts a communicable disease such as COVID, parents of sailors in the class will be notified via email.
- Those who are identified as close contacts will be asked to monitor for symptoms. If the sailor or staff becomes symptomatic they will follow isolation protocols as outlined above.

This camp must comply with regulations of the Massachusetts Department of Public Health and must be licensed by the local board of health.