



Junior Program 2022 Class Descriptions

Little Skippers: This is intended for sailors who are ages 6-7 who are just starting to learn about sailing. This class will utilize the bullseyes that the Junior Program has access to. This class is held Monday-Thursday from 9:00am-11:30am.

Opti 1: This class introduces the Opti and sailing. Must be 8 years old at the time the class begins. Sailors will start in pairs and work towards sailing the Opti independently. This class is held Monday-Thursday from 8:00am-11:00am.

Opti 2: This class is those sailors who have successfully completed the skills taught in Opti 1. Sailors will be sailing the Opti independently and sharpening their sailing skills including but not limited to upwind sailing. This class is held Monday-Thursday from 8:30am-11:30am.

420 Entry: This class is for sailors who have outgrown the Opti and are starting out in the 420. They will learn to control the main and the jib. Each sailor will practice as a skipper and a crew and will rotate partners. This class is held Monday-Thursday from 8:00am-11:00am.

420 Intermediate: This section will focus on traps and kites. In this class all participants will learn to trap and fly the kite and will be a prerequisite for the 420 Green Race team. This class is held Monday-Thursday from 8:30am-11:30am.

Opti Green Race: This class is for Opti sailors who have successfully completed Opti 2 and are interested in learning to race the Opti. They will be competing in the Opti Green Fleet at regattas. This class is held Monday-Thursday from 12:00pm-4:00pm

Opti Race Team: This class is for Opti sailors who have successfully completed Opti Green Race (or have placed 1st at an Opti Green Race Event). These sailors will be competing in the Opti White, Opti Blue and Opti Red fleets at regattas. This class is held Monday-Thursday from 12:00pm-4:00pm

420 Green Race: This is for sailors who have successfully completed 420 Intermediate and are starting to race the 420. They will compete at some local regattas throughout the summer depending on readiness which will be determined by the coach. It is highly encouraged for a sailor to be registered for all 3 sessions as the 420 is a double handed boat and events do not align perfectly with session dates. This class is held Monday-Thursday from 12:30pm-4:30pm.



420 Race Team: This team is instructor permission only. The 420 race team will compete at numerous events across the Buzzards Bay area. It is highly encouraged for a sailor to be registered for all 3 sessions as the 420 is a double-handed boat and events do not align perfectly with session dates. This class is held Monday-Thursday from 12:30pm-4:30pm.

Explorer class: This class is geared towards those sailors who have completed 420 Entry and 420 Intermediate but are not keen on racing yet. This class will be focused on building seamanship skills. As a side note, in order to run this class, we will also be calling on the membership to help us introduce big boats to our junior sailors. This class is held Monday-Thursday from 12:30pm-3:30pm.

If you are interested in helping with the explorer class, please email us at Juniors@beverlyyachtclub.org

MONDAY- THURSDAY CLASS SCHEDULE

8:00-11:00am Opti 1	8:00-11:00am 420 Entry	8:30-11:30am Opti 2	8:30-11:30am 420 Intermediate	9:00-11:30am Little Skippers
12:00-4:00pm Opti Green Race	12:00-4:00pm Opti Race	12:30-4:30pm 420 Green Race	12:30-4:30pm 420 Race	12:30-3:30pm Explorer