



## Junior Program 2022 Clinic Weeks

We will be offering pre-season clinics again this year! We are offering one day clinics for beginner Opti and 420 sailors and one day clinics for our returning Opti and 420 sailors. These pre-season clinics are not required. Each of the beginner and returner clinics will be offered 4 times and sailors may participate in all 4 offered times if they would like.

**Opti Beginner:** This clinic is intended for sailors who are new to the Opti and want to get a jump start before session 1. This is one day clinic that will be offered from 8:00am-11:00am on:

- Monday, June 20
- Wednesday, June 22
- Monday June 27
- Wednesday June 29

**Opti Returner:** This clinic is intended for sailors who have a previous Opti experience and would like to get comfortable in the Opti again before session 1 kicks off! This is a one-day clinic that will be offered from 8:30am-11:30am:

- Tuesday, June 21
- Thursday June 23
- Tuesday, June 28
- Thursday, June 30

**420 Beginner:** This clinic is intended for sailors who are new to the 420 and want to get a jump start before session 1. This is one day clinic that will be offered from 8:00am-11:00am on:

- Monday, June 20
- Wednesday, June 22
- Monday June 27
- Wednesday June 29

**420 Returner:** This clinic is intended for sailors who have a previous 420 experience and would like to get comfortable in the 420 again and explore traps and kites before session 1 kicks off! This is a one-day clinic that will be offered from 8:30am-11:30am on:

- Tuesday, June 21
- Thursday June 23
- Tuesday, June 28
- Thursday, June 30



## Race Team Clinics

Sailors who are registered for any of our Green Race or Race Team programs will be invited to participate in our pre-season tune up clinics. These clinics will be weeklong and will be held Monday-Thursday.

**Opti Green Race:** This is a tune up clinic intended for sailors who are enrolled in Opti Green Race. This a chance to brush up on racing and get tuned up for the season! This is a one-week clinic that will meet Monday- Thursday from 12:00pm-4:00pm and will be offered:

- Monday, June 20- Thursday, June 23
- Monday, June 27- Thursday, June 30

**Opti Race:** This is a tune up clinic intended for sailors who are enrolled in Opti Race. This a pre-season opportunity to get ready for the busy regatta season. This is a one-week clinic that will meet Monday- Thursday from 12:00pm-4:00pm and will be offered:

- Monday, June 20- Thursday, June 23
- Monday, June 27- Thursday, June 30

**420 Green Race:** This is a tune up clinic intended for sailors who are enrolled in 420 Green Race. This a chance to brush up on racing, trapping, and flying the kite to get tuned up for the season! This is a one-week clinic that will meet Monday- Thursday from 12:30pm-4:30pm and will be offered:

- Monday, June 20- Thursday, June 23
- Monday, June 27- Thursday, June 30

**420 Race:** This is a tune up clinic intended for sailors who are enrolled in 420 Race. This a pre-season opportunity to get ready for the busy regatta season. This is a one-week clinic that will meet Monday- Thursday from 12:30pm-4:30pm and will be offered:

- Monday, June 20- Thursday, June 23
- Monday, June 27- Thursday, June 30

# CLINIC WEEK SCHEDULE

## Monday

8:00-  
11:00am

Opti  
Beginner

8:00-  
11:00am

420  
Beginner

12:00-  
4:00pm

Opti  
Green &  
Race  
Clinics

12:30-  
4:30pm

420  
Green &  
Race  
Clinics

## Tuesday

8:30-  
11:30am

Opti  
Returner

8:30-  
11:30am

420  
Returner

12:00-  
4:00pm

Opti  
Green &  
Race  
Clinics

12:30-  
4:30pm

420  
Green &  
Race  
Clinics

## Wednesday

8:00-  
11:00am

Opti  
Beginner

8:00-  
11:00am

420  
Beginner

12:00-  
4:00pm

Opti  
Green &  
Race  
Clinics

12:30-  
4:30pm

420  
Green &  
Race  
Clinics

## Thursday

8:30-  
11:30am

Opti  
Returner

8:30-  
11:30am

420  
Returner

12:00-  
4:00pm

Opti  
Green &  
Race  
Clinics

12:30-  
4:30pm

420  
Green &  
Race  
Clinics